

Kayla Yost



I have been working with AB&B as a Support Planner since August of 2019. I have over 12 years of experience in health and human services, seven of which were as a Case Manager serving individuals with developmental and mental health needs. I graduated from Minnesota State University in 2012 with a degree in Special Education and in 2014, I received my Masters Certificate in Autism. In my free time, I enjoy spending time with my loved ones; especially my dog Koda, traveling, gardening, going out to eat, and cycling.

